



Guatemala: Socially Responsible Tourism

Mission: To uplift impoverished communities in the developing world through creating and supporting sustainable, incoming-generating projects. This trip will focus on rural community improvements in education, nutrition, and health in the Esquintla region of Guatemala.

Day 1: Arrive in Guatemala City and transfer to Antigua. Antigua, Guatemala is a highland city that has beautifully preserved its Spanish heritage. It is now considered a UNESCO World Heritage Site complete with cobblestone streets, museums, cathedrals, and ancient ruins. Check into the hotel and attend a welcome dinner in the evening.



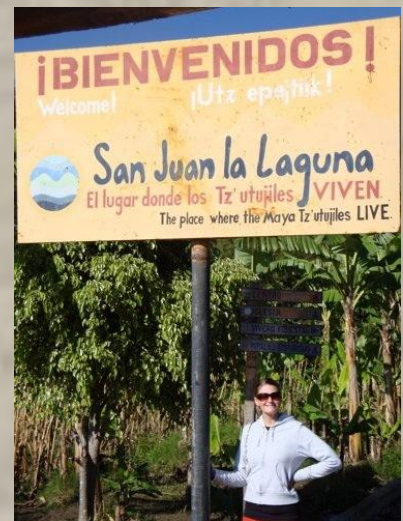
Day 2: Walking tour of Antigua in the morning. Visit grandiose churches and convents, local museums, and quaint coffee shops. Group lunch and then free time to explore the city and its vibrant markets. Take advantage of this opportunity to shop fair trade and support local artisans in their work! Free evening.

Days 3-4: Volunteer with Vamos Adelante, the only development organization in the isolated region of Esquintla, Guatemala. Vamos Adelante provides education, health, and nutrition services to poverty-stricken individuals in over 24 villages in the region of Esquintla. Help Vamos Adelante with one of their most pressing projects following the natural disasters of 2010. Enjoy a packed lunch in the village. Return to hotel in the evening.



Day 5: Spend today learning about the importance of the coffee industry throughout Guatemala by visiting two coffee plantations. In the morning, learn how coffee is made and participate in a coffee tasting at La Azotea. Walk through the museums on site to learn more about this fascinating drink. In the afternoon, visit Finca Filadelfia for a coffee tour, lunch at the restaurant, and zip-lining through the jungle! Return to the hotel in the evening.

Day 6: Depart for Lake Atitlan in the morning. Enjoy an afternoon boat ride on this gorgeous lake surrounded by 3 volcanoes. Stop at fishing villages dotting the lake to meet locals and see traditional Mayan cultures. Free evening to explore the town of Panajachel.



Day 7: Leisurely day to enjoy the lake. Go for a swim, visit more villages, shop the markets, or simply relax. Depart for Antigua in the afternoon. Farewell dinner in the evening.

Days 8: Transfer to Guatemala City for return flight to the United States.

October 8-15, 2011

\$1299 per person

Contact us for more info about this trip

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